

Concordia Lutheran School



Athletic Handbook

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Cardinal Athletics **Philosophy**

The Concordia athletic program strives to offer our students the opportunity to develop their God given abilities in a Christ centered environment through practices and games.

Coaches/Team Selection

The following information is to help guide the students and parents of Concordia Lutheran School into a greater understanding of the school's athletic program.

1. CLS strives to provide parent volunteers as coaches in the **PS-5 Level**. If you wish to volunteer to serve as a head or assistant coach, please indicate your desire in the appropriate section of the registration form.
2. CLS strives to provide faculty members as head coaches in the **Middle School Level**. When that is not possible, coaches are chosen who, in the view of school administration, are qualified and are willing and able to represent the athletic philosophy necessary to serve as head coach. Head coaches need to be at least 21 years old.
3. Team selection/placement for **PS-5 Level** is determined by the athletic department.
4. When the number of participants warrant, team selection for **Middle School Level** teams may be determined through **CLOSED** (athletic dept. staff and coaches) tryouts conducted by the head coaches of the teams involved. Tryouts are not necessarily each year in every sport. The head coaches have the responsibility of advertising the tryouts and determining the final team members.
5. As numbers dictate in the **Middle School Level**, Concordia **may** seek to create an additional team that would provide a competitive opportunity for those not chosen on the **Middle School Level "A" or "B" teams**.

Expectations

Player Conduct

The way we act is a reflection of **who** we are and **whose** we are. We will glorify God with our athletic ability and witness His love with our actions. Competitiveness is a gift from Him. Self-control is also a gift. Respect your opponents, opposing coaches, and officials. Learn to handle adversity in a Godly manner.

Practices and Games

Joining a team is a commitment. Be on time to practices and games. If you have to miss a game or a practice, please inform your coach in advance.

Failure to participate in Physical Education class due to illness or injury will prevent the student from participating in athletic practices or games that same day.

PE/ATHLETIC DRESS CODE

PE Clothing:

K – 5th do not change clothes for PE, but must wear athletic shoes (even on special occasions like Red Ribbon Week, Lutheran Schools Week, and special dress days like Rodeo Dress Day and Fiesta Dress Day).

Middle School PE classes and 5th-8th Athletic Practices -

Silkscreened red gym shirt or embroidered red dri-fit game day shirt may be purchased from Dennis. Students will wear black shorts or black dri-fit running shorts with or without a white stripe such as Nike tempo shorts for girls (these may be purchased anywhere.) SPANDEX shorts are not allowed.

Cheerleading - Practice shorts with built-in undergarments, shirts, white cheer shoes, and white socks.

Note: Coaches will share specific details about any additional practice and uniform requirements. For more detailed information, please see the Athletic Handbook.

CANCELLATION OF PRACTICES OR GAMES

In the event that a practice or game is cancelled, the students will be permitted to use the school/athletic office phone to communicate that information to the parents. Changes will be posted first on Google calendar.

Eligibility for grades 5-8

Grades and/or conduct can make an athlete ineligible.

To be Ineligible:

- 1. Two or more Academic Areas below a 70%, for any course (grades will be run at Progress Report and end of the quarter)**
- 2. Three or more conduct based detentions or 5 total detentions during a 3 week period**
- 3. Athletes must be in school by 12:00 noon (on a school day) to participate in a practice or a game unless excused in writing for attending a doctor's appointment, funeral, etc.**

If an athlete becomes ineligible, he or she will participate in practice and will be present for games.

In accordance with league guidelines, participation in a game while ineligible will cause the game to be a forfeit.

Code of Conduct for Coaches and Parents

Parents, fans, and coaches represent Concordia Lutheran Church and School and should present themselves in a Christ-like manner.

PARENT RESPONSIBILITIES TO THE TEAM

In the spirit of "Teamwork," parents are expected to actively participate in the duties necessary to the functioning of the sport in which their child plays. These duties include, but are not limited to: score clock operator, score book keeper, line judge, chain gang, admissions, concessions, and pick up supervisor. These duties can be at home or away contests, regular season or tournaments. Training will be provided for those duties requiring special skills and/or knowledge.

Parent-Coach Communication

If you have anything to discuss with your child's coach, please make an appointment. Immediately prior to, during, or after a game is not the appropriate time. Please use the Matthew 18 principle in any areas of conflict.

The rule of Christian love dictates the following procedure:

1. Pray for guidance and understanding.
2. Talk with the coach. If no understanding can be reached, proceed to Step 3.
3. Talk with the athletic director. If no understanding can be reached, proceed to Step 4.
4. Talk with the principal.

Administrator on Duty

Concordia staff members will serve as administrators on duty for all home games. The administrator's main responsibility is to ensure that the event is conducted in a safe and Christ-like manner for players, coaches, officials, cheerleaders, and spectators.

GUIDELINES FOR ATTENDING AFTERSCHOOL ATHLETIC EVENTS

Students in attendance need to be supervised. If parents or legal guardian are not in attendance, please inform the event supervisor.

Transportation

Transportation to and from practices and/or games is the responsibility of the parents. Those wishing to carpool should make their own arrangements.

Tournaments

End of the season tournaments are offered in most sports, but not always at every grade level. If your grade level has an end of the season tournament, the dates will be noted on your regular season game schedule.

Teams often participate in other tournaments during the course of the season as well as at the end of the season. These tournament dates will be noted on your regular season game schedule. Normally, there is a nominal fee for spectators.

In addition, the **7th and 8th grade** teams may participate in Texas State Tournaments. The Lutheran Middle School Basketball Tournament of Texas

(L.M.S.T.) is held in Tomball in February. The Lutheran Volleyball Championship of Texas Tournament (L.V.C.T) is held in Tomball, Texas in October. Due to the tournament format, a one or two night hotel stay is required. Parents are responsible for transportation, food and lodging costs. All students must have a parent/guardian in their hotel room unless their rooms are adjoining. The school will disseminate information and coordinate the hotel arrangements.

National Tournaments

Teams must earn advancement to a National tournament by placing 1st or 2nd in that sport's State Tournament.

Uniforms

Sports teams in the **K-6 Level** sponsored by the school are given uniforms or T-shirts which the students keep at the end of the season.

Middle School Level students are issued school owned uniforms in soccer, cross country, volleyball, basketball, baseball, and girls' softball. Students are required to return the uniforms at the end of the season. Students should only wear uniforms when participating in a scheduled game. Students will be assessed the replacement cost should the uniform be lost or ruined.

PEP RALLIES will be scheduled by the cheerleading coordinator.

Fees

A fee will be charged for each sport in accordance with league expenses and costs for that sport. This fee includes insurance, certain equipment, officials, awards, etc. A refund will be given up to the last day of sign up for the sport. Paying the fee will make the athlete eligible to participate and play in practices and games.

Sports offered by Concordia Lutheran School

- PS-8 Co-Ed Soccer (Fall)**
- 6-8 Boys Football (Fall)**
- 5-8 Girls Volleyball (Fall)**
- 6-8 Boys and Girls Cross Country (Fall)**
- PS-8 Boys and Girls Basketball (Winter)**
- PS-5 Boys Tball/baseball (Spring)**
- 6-8 Boys Baseball (Spring)**
- 6-8 Girls Fast-Pitch Softball (Spring)**
- 6-8 Boys and Girls Track (Spring)**
- 6-8 Boys and Girls Golf (Spring)**